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Council On Aging Minutes 03/21/2013

COUNCIL ON AGING EXECUTIVE BOARD MEETING MINUTES

March, 21, 2013

Ground Floor Conference Room

Arlington Senior Center

27 Maple Street

Arlington, MA 024

Members present: Sue Culhane, Mara KleinCollins, Ann FitzGerald, Ingeborg Reichenbach, Richard "Dick" Phelps, Bill Carey, Lucilia Prates,

Absent, Joanne Morel, Annette Bender

Assoc Members, Karen Nichols, Tony Ippolito

Guests- Terry Rodda, ASA rep.

1. Call to Order by Ann FitzGerald, Sec. at 4:10pm.

2. Citizens Open Forum- Susan introduced Mark Waksrmonski, RN-BSN, MPA, Geriatric Nurse Clinician who started March 11, 2013. He works Tuesday, Wednesday and Thursday. He will enroll in 2 Chronic Disease Evidence Based Programs to be added later, he conducted the Dental Screening Clinic for 11 clients, he will continue Blood pressure screening, he will make home visits. Ashley Morall MSW intern who will conduct a 4 week workshop Art Therapy, combining Art and writing, it is free of charge paid from COA Gift Fund.

Ingeborg asked if there was a service available to seniors for downsizing. Susan spoke of private concerns and Mara has lists of providers. Ingeborg made reference to Advocate article on Hoarding. The person was a client of the BOH and agreed to go on TLC channel in exchange for funding the cleanup of \$60,000.

Tony Ippolito asked how to become an Associate member. Karen and Susan stated he must write a letter to Town Manager, appear before the Selectmen. (Procedure needs to be added to Policies and Procedures manual. AVF Sec)

3. Minutes of March 21, 2013 meeting accepted. All in favor.

4. REPORT of CO- CHAIR- East Meets West discussion and luncheon of delicious Indian food provided by Punjab was sponsored by Saheli, Minuteman, and COA, March 18, 2013. ASA bridge players very unhappy because luncheon displaced them. This points up problem with sharing space for events with COA. The need for space discussed in Susan's report.

5. Executive Directors Report- LGBT Cultural Sensitivity Training was held March 6, 2013 from 9am-12noon, Lisa Krinsky from Aging project presenter. Twenty two attended from 16 agencies. Elders of LGBT community are at risk for isolation. COA to consider poster or flag for lobby as a welcome.

Keep Moving Training coming May 6, 2013 before Walk the Rink begins May 7, 2013.

Fuel Assistance ongoing 30 applicants so far.

Chair Yoga has 10 participants, Sue filling during instructors absence.

Operation Able worker sought for front desk continuity.

Living Well-60 and Beyond Committee meets April 4th 8:30 am so far Hardy School chosen, table rentals discussed, programs set, exhibitor list being drawn up, luncheon details to be discussed.

April 12, 2013 Joint Meeting "Where are We headed? Joan Butler Exec. Director MMSS to speak.

Volunteer Luncheon April 26, 2013 at Senior Center.

Budgets level for FY2014. Susan returned \$2300 EOEA monies after doing a 3year audit.

Adult Day Health and Lifeline funds have balance for FY2013

CDBG funds request sent in for \$80,000 for transportation, Susan spoke to Anna

Whitten administrator, COA does not have to return unused funds. The true cost of transportation is \$89,000. Costs per ride will be made for a clearer picture. DART numbers being tracked as well.

Susan seeks Board help with acute need for more space for private client conversations. COA staff Offices are crowded, confidential information can heard in other offices. This is a direct violation of HIPPA rules and regulations. (L. Prates) There has been an increase in requests for services and lack of office space has become a serious problem. AVF stated we need a building committee to assess current conditions, make ourselves heard to our landlords, the Selectmen, Town Manager, Planning Director, ASA. Begin by forming a committee invite ASA to join us in drafting a letter to above mentioned parties then Present the

problems, work on correcting space issues even ask town to hire consultant to make better use of space available. With the rising number of retirees the COA will be unable to function.

Motion made to establish a Building and Space Committee from COA and ASA members to advocate by letter and presentation of facts to above mentioned Town officials a needs assessment undertaken by Committee and Staff for additional office space for private confidential exchange. The outcome to be reached within a 6 month time period. Motion seconded all in favor. The Committee members are Susan C., Sue Culhane, Ingeborg R., Bill Carey, Ann F, Tony I. ASA to be invited to send representatives. (September is Senior Citizens Month, a good time to go forth.) First meeting April 5 with Walk around. Susan has asked Elaine Bello architect who specializes in Senior Center design to take a Walk thru on March 27, 2013. We await her suggestions. Any further work must go through the Town bidding process.

6. Reports - MMSS, having an on-line auction. Open House on April 3, 2013 Dick Phelps interested in attending.

COA liaison to ASA- Ingeborg reports ASA taking resumes for Coordinators position. Newsletter postage still an issue. New trips coordinator Lorraine Accardi from AARP, she has day trips coming up. Charles Schwab House Committee at work on new rugs and painting the Drop In room.

ASA Liaison to COA- Terry Rodda as representative to COA, covered all info.

Joint ASA, COA Boards meet once a month 1st Monday at 10:30 am. Newsletter suggestion to reduce costs made, ASA looking at fund raising.

Friends of Arl. COA-Summer event is being planned. Race coming up in September, Art to go before Selectmen.

7a. Unfinished Business- Living Well and Beyond 60 Event will take place October 26, 2013 10am to 2pm at Hardy School. Paul Raia PH.D keynote speaker. Stay tuned.

8. New Business-Request made from senior for additional grant from Sevoyan Fund.

Motion made by Sue C. to award client an additional \$200 towards dental bill.

Request from Exec. Director for \$5000 for Dental Clinic. Motion made seconded and passed.

Request made by Susan C. for \$5000 for Personal Needs fund for very low income. 18 received \$300 stipend. Motion made and seconded 1 abstention, 1 no vote. Passed

Board given copies of Policies for program. Sevoyan ledger account shows excess of \$31,000 now minus \$10,000 equals \$21,000 to be spent on Dental needs.

.9 Adjourn Motion made at 6 :15 pm. Next Meeting , April 18, 2013 4pm.

Respectfully Submitted

Ann FitzGerald, Sec

April 11, 2013

File 28/28 from recorder A file

Addendum from March 15, 2012 meeting regarding Sevoyan Funds,

Motion made and passed by majority to transfer \$5000 to COA from Sevoyan Trust to allow grants of larger amounts at the discretion of nurse screener for special dental emergencies such as root canal, dentures. File #A 17/17 Ann FitzGerald